



Canadian Association for School Health

SCHOOL HEALTH CONFERENCE 2008

FOUR POINTS SHERATON GATINEAU-OTTAWA
35 RUE LAURIER, GATINEAU, QUEBEC

SUBSTANCE ABUSE SYMPOSIUM

ROOM: FRONTENAC A (HOTEL)

This pre-conference symposium presents a unique opportunity for practitioners, researchers and officials working with substance abuse to exchange knowledge and learn from several successful initiatives.

PURPOSES

- To bring together the community of practice interested in the topic of substance abuse and schools.
- To promote comprehensive, coordinated whole-school strategies to prevent substance abuse.
- To identify key evidence-informed work underway to be placed in the wiki-toolbox at <http://shtoolbox-preventingsubstanceabuse.wetpaint.com/>
- To identify common challenges and build an agenda for progress for consideration by research funders, policy makers and practitioners.

SUNDAY, APRIL 20th

5:00 PM - 6:30 PM Hotel Lobby, Four Points Sheraton Hotel	Registration for Symposia and Conference
6:30 PM - 7:30 PM Room: Interprovincial Suite (Hotel Room 902)	Recetion & Keynote: School Health in Canada This presentation will highlight recent developments in Canada as well as comment briefly on worldwide trends in policy, research and practice.

MONDAY, APRIL 21st

8:30 AM - 8:30 AM Hotel Lobby, Four Points Sheraton Hotel	Registration for Symposia and Conference
8:30 AM - 8:35 AM Room: Frontenac A (Hotel)	Welcoming Remarks

<p>8:35 AM - 9:00 AM Room: Frontenac A (Hotel)</p>	<p>What Works in Substance Abuse Prevention <i>Gary Roberts, Consultant</i></p> <p>This presentation will provide an overview of a Knowledge Summary on school-based, school-linked substance abuse prevention. This summary is based on a review conducted by the Canadian Association for School Health with financial support from the Community initiatives Fund of Health Canada.</p>
<p>9:00 AM - 10:15 AM Room: Frontenac A (Hotel)</p>	<p>Good & Promising Practices in School Prevention of Substance Abuse: A Discussion</p> <p>This session will examine several statements and sources of advice on good and promising practices in school-based substance abuse prevention. The results of the discussion will form the framework for organizing and presenting the tools from several sources in Canada and other countries. The discussion will also guide the development of an international wiki on better practices in SA prevention.</p> <ul style="list-style-type: none"> • Colin Mangham, Director of Research, Drug Prevention Network of Canada • Doug McCall, Executive Director, Canadian Association for School Health <p>(Please go to the conference web site for a copy of this document at: www.cash-aces.ca/conference_2008/index.asp?Page=Downloads)</p>
<p>10:15 AM - 10:30 AM Room: 2nd Floor (Hotel)</p>	<p>Health Break and Networking Time</p>
<p>10:30 AM - 11:00 AM Room: Frontenac A (Hotel)</p>	<p>Substance Abuse and Schools in Canada: A Round Table <i>Karen Cumberland, Canadian Centre on Substance Abuse</i></p> <p>Members of the Community of Practice on Substance Abuse and Schools and others are invited to provide a brief update on key initiatives they have underway. The results of a pan-Canadian scan will be presented to start the session. This information will be collected and posted to the Substance Abuse and Schools Wiki Toolbox at http://shtoolbox-preventingsubstanceabuse.wetpaint.com/</p>
<p>11:00 AM - 12:00 PM Room: Frontenac A (Hotel)</p>	<p>Breaking it Down: Programs that work</p> <p>This session will highlight programs that match the research evidence, have been evaluated or that are showing good results and therefore offering some promise.</p> <ul style="list-style-type: none"> • Brief Interventions with High Risk Kids (Nancy Comeau, Dalhousie University, TBD) • Skills-based instructional programs (Dan Reist, CAR-BC on the IMIND Program, Sharon Labonte-Jacques, CAMH Take Action Program) • Coordinated Programs (Naomi Parker, AADAC on Better Together program with school boards, & Art Steinman, School-age Children & Youth Program, Vancouver School Board)
<p>12:00 PM - 1:00 PM Room: Agora (Municipal Centre)</p>	<p>Lunch</p>

<p>1:00 PM - 2:00 PM Room: Frontenac A (Hotel)</p>	<p>Breaking it Down: Policies This session will highlight policies, research and monitoring. The session will discuss broad directions and local needs with a view to discussing policy, research and monitoring needs in school substance abuse prevention. A policy booklet and a research agenda developed by Health Canada projects will be used as background for this session.</p> <ul style="list-style-type: none"> • Comprehensive Policies, Effective Policy-Making, Good Tools & A Draft Research Agenda in School-based Prevention (Doug McCall, Canadian Association for School Health) • Consolidation, Coordination of Monitoring Surveys (Heather Clarke, Canadian Centre on Substance Abuse)
<p>2:00 PM - 2:30 PM Room: Frontenac A (Hotel)</p>	<p>Where to from Here? A Discussion of Potential CoP Activities This session will discuss current and future activities of the Community of Practice with a view to linking it to other major events going on across Canada. Participants will be asked to consider a series of questions about the purposes and operations of a Community of Practice.</p>
<p>2:30 PM - 2:45 PM Room: Frontenac A (Hotel)</p>	<p>Technology to Help: Discussion of Webinars and Wikis This session will ask for feedback from participants on the structure, format and content of the wiki being developed to support the Substance Abuse & Schools Community of Practice. This will include a walk through of the wiki and then discussion of the structure, topics and templates for adding information and for building organizational and individual profiles. A draft list of topics for webinars will also be presented.</p>
<p>2:45 PM - 3:00 PM Room: 2nd Floor (Hotel)</p>	<p>Health Break and Networking Time</p>
<p>3:45 PM - 4:30 PM Room: Frontenac A (Hotel)</p>	<p>Strengthening Canadian Prevention Programs This session will examine some of the widely used prevention programs in Canada with a view to understanding their current status and effectiveness and discussing how they can be strengthened and disseminated more broadly.</p> <ul style="list-style-type: none"> • Dare & Dare Plus (Kelli Komro, University of Florida) • Families & Schools Together (Anne Valcov, Family Services Canada) • Lions-Quest Skills Programs (Joanne McQuiggan, Executive Director, Thrive! The Canadian Centre for Positive Youth Development)