



Canadian Association for School Health

SCHOOL HEALTH CONFERENCE 2008

FOUR POINTS SHERATON GATINEAU-OTTAWA
35 RUE LAURIER, GATINEAU, QUEBEC

PHYSICAL ACTIVITY SYMPOSIUM ROOM: DES FETES (MUNICIPAL CENTRE)

This pre-conference symposium presents a unique opportunity for practitioners, researchers and officials involved in physical activity/education to exchange knowledge and learn from several successful initiatives.

PURPOSES

- Have a starting point for the promotion of PE/PA as part of a Health Promoting School
- Understand and be able to apply a process to their current situation
- Understand what PE really is and how the field has developed and make a paradigm shift if necessary
- Examine their role as a catalyst within their community
- Understand the role of PE/PA in the development of the whole child

SUNDAY, APRIL 20th

5:00 PM - 6:30 PM Hotel Lobby, Four Points Sheraton Hotel	Registration for Symposia and Conference
6:30 PM - 7:30 PM Room: Interprovincial Suite (Hotel Room 902)	Keynote: School Health in Canada This presentation will highlight recent developments in Canada as well as comment briefly on worldwide trends in policy, research and practice.

MONDAY, APRIL 21st

8:30 AM - 8:30 AM Hotel Lobby, Four Points Sheraton Hotel	Registration for Symposia and Conference
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<p>8:30 AM - 9:00 AM Room: Des Fetes (Municipal Centre)</p>	<p>State of the Nation Large group physical activity designed to get a sense of the room culture: where people are coming from, what their attitudes, biases and experiences are related to PE/PA as well as key initiatives they have to share.</p> <ul style="list-style-type: none"> • Doug Gleddie • Dean Kozak
<p>9:00 AM - 10:30 AM Room: Des Fetes (Municipal Centre)</p>	<p>Keynote: Physical Literacy, Theory & Practice and the Macrodynamics of PE/PA This session will address the elements of physical literacy and relevance to school-based and school-linked physical education and physical activity efforts, including the promotion of sport and life-long physical activity. Exemplary practical applications related to the FUNdamentals will be featured.</p> <ul style="list-style-type: none"> • Dr. Jamie Mandigo, Brock University
<p>10:30 AM - 10:45 AM Room: Hallway (Municipal Centre)</p>	<p>Health Break</p>
<p>10:45 AM - 12:00 PM Room: Des Fetes (Municipal Centre)</p>	<p>Panel Discussions: Bringing Theory to Practice through Whole School Approaches Each panel answers: What worked well? How did you get there? What didn't work well? What recommendations would you make?</p> <ul style="list-style-type: none"> • Topic 1: PE/PA in Schools – the relationships and relatedness of curricular PE and DPA in a Health Promoting School (Marg Schwartz, University of Alberta) • Topic 2: Active Schools Projects in Newfoundland (Dr. Antony Card, Memorial University) • Topic 3: Supporting the Whole Child: a secondary school's success story from NS (Charles Williamson, Parkview Education Centre Principal, NS) • Moderator: Cheryl Shinkaruk, Consultant, Edmonton Catholic School District • Discussant: Dr. Jamie Mandigo, Brock University
<p>12:00 PM - 1:00 PM Room: Agora (Municipal Centre)</p>	<p>Lunch</p>

<p>1:00 PM - 2:30 PM Room: Des Fetes (Municipal Centre)</p>	<p>Evidence-based Practice in Action These 20 minute sessions will focus on successful approaches to supporting sustained, successful PE/PA efforts associated with various elements of a whole school approach to promoting lifelong physical activity to young Canadians. Emphasis will be on sharing strategies, struggles, successes and process.</p> <ul style="list-style-type: none"> • Action Schools! BC – Jennifer Fenton • Healthy Schools in Ontario – the Living School Experience – Margaret Good, Ontario Physical and Health Education Association (OPHEA) • Nova Scotia’s Active Healthy Living Initiative – Gord Walters, Active Healthy Living Consultant, South Shore Regional School Board • Dedicated staffing in Alberta: APPLE Schools Project – Marg Schwartz, University of Alberta & Battle River Schools Project – Doug Gleddie, Everactive Schools
<p>2:30 PM - 2:45 PM Room: Hallway (Municipal Centre)</p>	<p>Health Break</p>
<p>2:45 PM - 3:30 PM Room: Des Fetes (Municipal Centre)</p>	<p>Practical Planning, Process and Catalysts for Sustainable Action: An Open Space Adventure This session is an opportunity to explore a variety of topics selected by the group using Open Space Technology. Participants choose the topics that are important to them and engage like-minded people in discussion and sharing. Suggested topics may include:</p> <ul style="list-style-type: none"> • Role of the NGO / community partners in supporting and complementing school related efforts • Dedicated Staffing to Support PE/PA and HPS • Evaluation Tools, Process and Outcomes
<p>3:30 PM - 4:00 PM Room: Des Fetes (Municipal Centre)</p>	<p>Where to go from here for our PE/PA and Schools Community of Practice? This short discussion will be helpful in continuing to support the community of practice membership by:</p> <ul style="list-style-type: none"> • Identifying strategic opportunities to move forward on this agenda • Identifying areas to be addressed on future calls and related knowledge exchange activities (e.g. webinars) • Supporting the use of wiki as a practical tool (http://shtoolbox-physicalactivity.wetpaint.com/)