



Canadian Association for School Health

SCHOOL HEALTH CONFERENCE 2008

FOUR POINTS SHERATON GATINEAU-OTTAWA
35 RUE LAURIER, GATINEAU, QUEBEC

NUTRITION SYMPOSIUM ROOM: GATINEAU (MUNICIPAL CENTRE)

This pre-conference symposium presents a unique opportunity for practitioners, researchers and officials involved in nutrition to exchange knowledge and learn from several successful initiatives.

PURPOSES

- To bring together the community of practice interested in the topic of nutrition and schools
- To continue to promote a comprehensive school-based and school-linked approach to promoting healthy eating
- To identify relevant materials to be placed in the wiki-toolbox that is maintained by the Nutrition and Schools Community of Practice. The wiki is available at: <http://shtoolbox-nutrition.wetpaint.com>
- To identify topics and speakers for future nutrition and schools related webinars

SUNDAY, APRIL 20th

5:00 PM - 6:30 PM Hotel Lobby, Four Points Sheraton Hotel	Registration for Symposia and Conference
6:30 PM - 7:30 PM Room: Interprovincial Suite (Hotel Room 902)	Reception & Keynote: School Health in Canada This presentation will highlight recent developments in Canada as well as comment briefly on worldwide trends in policy, research and practice.

MONDAY, APRIL 21st

8:30 AM - 8:30 AM Hotel Lobby, Four Points Sheraton Hotel	Registration for Symposia and Conference
8:30 AM - 8:40 AM	Welcome and Introductions

<p>8:40 AM - 9:30 AM Room: Gatineau (Municipal Centre)</p>	<p>School Nutrition and the Whole Child Panel presentation featuring recent research:</p> <ul style="list-style-type: none"> • Dr. Paul Veugelers (University of Alberta) work related to dietary intake and academic performance • Dr. Gail McVey (Hospital for Sick Children, University of Toronto) overviews a holistic approach to promoting healthy eating, preventing eating disorders and recommendations for avoiding the pitfalls of obesity prevention. <p>This presentation will describe findings that provide further rationale for comprehensive school-based and school-linked nutrition related efforts.</p>
<p>9:30 AM - 10:45 AM Room: Gatineau (Municipal Centre)</p>	<p>Implementation of School Nutrition Policies & Guidelines This panel presentation will overview the status of policy/guideline development and implementation across Canada. It will as well as feature a closer look at the variety of approaches by several jurisdictions. Panel members include:</p> <ul style="list-style-type: none"> • Dr. Mary McKenna, University of New Brunswick • Dr. Jennifer Taylor, University of PEI • Dr. Paul Fieldhouse, MB Manitoba Health & Healthy Living • Michelle Murton, NS Department of Health Promotion and Protection • Cathy Richards, Interior Health, British Columbia
<p>10:45 AM - 11:00 AM Room: Hallway (Municipal Centre)</p>	<p>Health Break and Networking Time</p>
<p>11:00 AM - 12:00 PM Room: Gatineau (Municipal Centre)</p>	<p>Nutrition Education and the Leveraging the New Food Guide This session will feature a panel looking at state of the art nutrition related instruction at the elementary and secondary levels. Activities geared to helping bring the Food Guide to life in Canadian classrooms will also be featured, including nationally available programs and resources. Panel members include:</p> <ul style="list-style-type: none"> • Lynne Sawchuk, BC Dairy Foundation • Joanne Gallagher, Dairy Farmers of Canada
<p>12:00 PM - 1:00 PM Room: Agora (Municipal Centre)</p>	<p>Lunch</p>
<p>1:00 PM - 2:30 PM Room: Gatineau (Municipal Centre)</p>	<p>Nutrition Education & Community Partners This session will introduce participants to a range of school-community partnerships including:</p> <ul style="list-style-type: none"> • Community-School Gardens: Meredith Hayes, Coordinator, Field to Table Schools, FoodShare • Child Nourishment Programs: Darlene Edmonds, Breakfast for Learning • Ottawa's Healthy Active Schools Program, Marie Claude Thibeault, Public Health Nutritionist, Ottawa Public Health
<p>2:30 PM - 2:45 PM Room: Hallway (Municipal Centre)</p>	<p>Health Break and Networking Time</p>

<p>2:45 PM - 3:30 PM Room: Gatineau (Municipal Centre)</p>	<p>Evaluating Our Efforts This session will examine a series of assessment/evaluation efforts underway including:</p> <ul style="list-style-type: none"> • The PEI School Nutrition and Activity Project, Dr. Jennifer Taylor, UPEI • Alberta's APPLE Project: Dr. Paul Veugelers, University of Alberta • Manitoba's School Nutrition Initiative: Dr. Paul Fieldhouse • Nova Scotia's Food and Nutrition Initiative: Michelle Murton
<p>3:30 PM - 4:00 PM Room: Gatineau (Municipal Centre)</p>	<p>Where To Go From Here for Our Nutrition and Schools Community of Practice? The community of practice is open to all interested individuals working in this important area (e.g. school districts, health authorities, non-government organizations, government and research). This discussion will focus on identifying key opportunities to support the efforts of the COP's membership and will also include a closer look at the nutrition and schools wiki toolbox (http://shtoolbox-nutrition.wetpaint.com).</p>